

# Think before you put it **IN THE SINK**

Don't pour FOG (fat, oil or grease) down the drain.



## **GREASE COMES FROM:**

- Sauces
- Dairy products
- Butter and margarine
- Shortening
- Meat fats
- Lard
- Cooking oil
- Food scraps

## **GREASE DO'S AND DON'TS:**

- Put fat, oil and grease in a covered jar or can, then throw it in the trash.
- Use a paper towel to wipe oil and grease from pans and dishes.
- Never pour fat, oil or grease down sinks or toilets.

Call **352-334-3434** or visit **[gru.com/fog](http://gru.com/fog)** for more information.

